



Dr. François BRUCHOU

Orthopaedic Surgeon Senior Consultant

Upper Limb Surgery, Arthroscopic,
Sport and Trauma surgery

Contact



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Information



Nationality

French



Date of Birth

26/10/1966



Family

Married, 3 children

Languages



English

Bilingual proficiency



French

Native proficiency

Orthopaedic Surgeon Senior Consultant

Upper Limb Surgery, Arthroscopic, Sport and Trauma Surgery

25 years of experiences in UAE, Chinese & European Hospitals

French Medical Board certified, Tier 1 & DHA License

Objective

Experienced Upper Limb Orthopaedic Surgeon with over 25 years of expertise in the treatment of shoulder, elbow, and hand disorders. Proven track record in establishing and leading specialized departments in both private and public healthcare settings. Expertise in arthroscopic and microsurgical techniques with an international reputation in China and Europe. Passionate about education, having mentored numerous surgeons globally and contributed to international courses.

Education & Qualifications

1998 - 2000 Paris V Descartes University | Paris, FRANCE

Fellowship in Orthopaedic and Traumatology Surgery

1993 - 1998 Paris V Descartes University | Paris, FRANCE

Specialization Degree :
Orthopaedic, Arthroscopic and Traumatologic Surgery

1994 - 1995 Paris Bichat University | Paris, FRANCE

Diploma in Microsurgery

1989 - 1994 Paris V Descartes University | Paris, FRANCE

Doctor of Medicine (M.D.) Degree

Professional Experience

2025 - Present **Consultant Orthopaedic Upper Limb Surgeon**

Clemenceau Medical Center Hospital, Dubai, UAE

- Consultant Orthopaedic Surgeon specializing in upper limb, arthroscopic, sport, and trauma surgery
- Implements innovative surgical protocols and comprehensive treatment strategies
- Collaborates with multidisciplinary teams to enhance patient care and streamline clinical processes
- Expert in arthroscopic shoulder surgery, elbow arthroscopy, wrist arthroscopy, hand surgery, and trauma management



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Key Strengths

25+ Years of Expertise in Upper Limb Surgery

Specializing in shoulder, elbow, and hand surgery with advanced arthroscopic and microsurgical skills.

Leadership in Surgical Department Management

Successfully established and led upper limb surgery departments, enhancing clinical standards.

Internationally Recognized

Renowned for expertise in arthroscopic surgery, with global teaching and mentorship experience.

Expert in Trauma and Sports Injury Management

Comprehensive care for complex trauma and sports-related injuries, with tailored treatment approaches.

Dedicated Educator and Mentor

Actively training future orthopaedic surgeons through lectures, fellowships, and workshops.

2022 - 2025

Consultant Orthopaedic Upper Limb Surgeon

Burjeel Hospital for Advanced Surgery, Dubai, UAE

- Established and led the Upper Limb Surgery Department.
- Specialize in arthroscopic shoulder, elbow, and hand surgery
- Provide comprehensive surgical and non-surgical management for a wide range of upper limb conditions.

2021 - 2023

Consultant Orthopaedic Surgeon

Paris Bizet Private Hospital, Paris XVI, France

- Collaborated with Dr. Philippe Valenti at the **Paris Shoulder Institute**.
- Developed treatment protocols for advanced shoulder and upper limb surgeries.

2021 - 2023

Consultant Orthopaedic Surgeon

Expert Center and Public-Private collaboration with Hospital of Rambouillet, Paris, France

- Established an upper limb expert center through a public-private partnership.
- Improved patient access to advanced surgical treatments and rehabilitation.

2012 - 2023

Founder and Consultant Orthopaedic Surgeon

“L’olivier” Expert Medical Center, Paris, France

- Managed an office surgery center specializing in hand and upper limb surgery.
- Collaborated with five other hand surgeons in a multidisciplinary approach to care.

2018 - 2020

Consultant Orthopaedic Surgeon

BR Medical Suites, Dubai Healthcare City, Dubai, UAE

- Worked in DHCC, providing specialized care for upper limb conditions.
- Practice halted due to the COVID-19 pandemic.

2014 - Present

International Shoulder and Elbow Expert

Numerous Public and Private Hospital Center, China

- Led dedicated training programs for local surgeons in advanced shoulder and elbow arthroscopic techniques
- Delivered hands-on workshops and courses in minimally invasive surgery
- Established lasting collaborations with healthcare institutions to foster ongoing skill development in arthroscopy

2000 - 2023

Co-founder & Senior Orthopaedic Consultant

Paris-ouest Private Hospital, Trappes, France

- Co-founded and developed a renowned orthopedic surgery clinic specializing in hand and shoulder arthroscopy.
- This is now one of the leading private hospital in Paris.



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Teaching & Mentorship

Paris Descartes University (1998 - Present)

- Regular course presenter on shoulder and arthroscopic surgery.
- Host for international fellows in orthopaedic surgery, focusing on advanced techniques in shoulder and elbow surgery.
- Participation in live surgery demonstrations and educational events worldwide

Published Research

“Lunocapitate shortening arthrodesis after Scaphoid and Triquetrum Resection: Treatment of Watson Stage III Advanced Scaphoid Periarthritis”
Rev Chir Orthop Reparatrice Appa Mot 2002

“Arthroscopic Subacromial Spacer Implantation in Patients With Massive Irreparable Rotator Cuff Tears: Clinical and Radiographic Results”
Arthroscopy, Vol 33, Issue 9, P1639-1644, Published Online: June 8, 2017

References

References available upon request.

2006 - 2023

Senior Orthopaedic Consultant

Pierre Cherest Private Hospital, Neuilly-sur-Seine, France

- Developed and led the French Shoulder Institute, bringing together a team of five specialists in shoulder surgery.
- Established an arthroscopic center of excellence

Medical Skills

- **Shoulder & Elbow Surgery :**
 - Extensive experience in both arthroscopic and open procedures for complex shoulder and elbow pathologies.
- **Hand Surgery :**
 - Expertise in microsurgical techniques for hand and wrist disorders, including trauma and degenerative conditions.
- **Arthroscopic Surgery :**
 - Specialized in minimally invasive arthroscopic techniques for the shoulder, elbow, and hand.
- **Trauma Surgery :**
 - Comprehensive management of acute upper limb trauma, fractures, and ligament injuries.
- **Shoulder Arthroplasty :**
 - Advanced proficiency in the implantation of shoulder prostheses for complex cases.
- **Sports Medicine :**
 - Expertise in the management of sports-related injuries, particularly for athletes involved in upper limb-intensive activities.

Professional Memberships

Société Française de Chirurgie Orthopédique et Traumatologique (SOFOT)

Société Française d'Arthroscopie (SFA)

Société Française de Chirurgie d'Épaule et du Coude (SOFEC)

Société Européenne de Chirurgie d'Épaule et du Coude (SECEC)

Board Certifications & Licenses

French Medical Board Certified, Tier 1

Dubai Health Authority (DHA) License